

THE BEAT

July 2025 Town of Middleton
Newsletter

MESSAGE FROM THE MAYOR

HAPPY SUMMER, EVERYONE! I HOPE YOU'RE SOAKING UP THE SUNSHINE AND ENJOYING EVERYTHING OUR BEAUTIFUL TOWN HAS TO OFFER THIS TIME OF YEAR.

IT'S SHAPING UP TO BE A BUSY AND EXCITING SEASON IN MIDDLETON! THE NEW APARTMENT BUILDING ON MAIN STREET CONTINUES TO MAKE GREAT PROGRESS, AND WE'VE BEEN HARD AT WORK WRAPPING UP BUDGET DISCUSSIONS AND PREPARING FOR UPCOMING PROJECTS. WISHING YOU ALL A SAFE AND RELAXING SUMMER!

MAYOR GAIL SMITH

BURNING RESTRICTIONS IN EFFECT

Wildfire Risk Season began on March 15th. To keep the public and the environment safe, there are provincial burning restrictions which you can view here: novascotia.ca/burnsafe/

Should you require an open fire for burning brush, tree limbs, and milled wood that is free from adhesives and coatings within Middleton, you will need a permit. For more information on burning permits contact: ea@town.middleton.ns.ca



IN PUBLIC SPACES/PARKS THERE IS ABSOLUTELY NO:

- Smoking or vaping (including in parking lots)
- Motorized vehicles (vehicles ONLY in parking lots - no ATVs)



MIDDLETON NEWS

The Town of Middleton is proud to announce the latest grant that has been awarded: \$150,000 through the Provincial Capital Assistance Program (PCAP) to support the School Street Waterline project. This critical infrastructure upgrade will improve water service reliability and help ensure long-term sustainability for residents and businesses in the community. This latest funding is part of a strong and successful year for the Town's grant-seeking efforts. So far in 2025, Middleton staff have secured over \$1.35 million in funding through a range of provincial and federal programs designed to support infrastructure, recreation, climate action, crime prevention, and community wellness. Please note: Grant funding is designated for specific purposes and cannot be reallocated. For example, if a grant is awarded for capital projects like road paving, it must be used exclusively for that purpose.

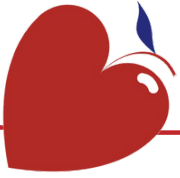


DEADLINE FOR WATER BILL PAYMENTS

Payments need to be made on or before **August 15th** to avoid late payment penalties. If you have not received a water bill please contact the billing clerk: billingclerk@town.middleton.ns.ca OR call (902) 825-4841

MIDDLETON MONTHLY

The Town of Middleton has introduced, Middleton Monthly - a schedule of all meetings and events happening each month in Middleton. If you would like to be added to the mailing list for this, email: events@town.middleton.ns.ca
This also gets posted to our Facebook page.



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PUBLIC WORKS

- Town of Middleton Sewers and Sewage Bylaw states:
 - **DO NOT** dump chemical, oils, or grease down the drain & **DO NOT** flush any products other than toilet paper
- The School Street Water Main Project is set to begin in the coming weeks. School Street will see new infrastructure beneath the ground and new pavement. Stay updated on the project timeline on our Facebook page.



FALL CLEANUP

The Town of Middleton Fall Clean-ups occur on the opposite week to regular collection. Place accepted items curbside **November 16th, 2025** (to ensure collection. Please read the Clean-up information at, www.vworm.com for accepted items



OUTDOOR FACILITY RENTALS

Outdoor facility rentals are necessary if you are using any of our parks or facilities. This is for safety and to prevent double bookings. This includes spaces at Rotary Park and Centennial Park. If you book a facility there is a Facility Use Agreement contract you must sign. For reservations, and payment information, please email: mpal@town.middleton.ns.ca

EVENTS

Heart of the Valley Multicultural Festival - New Rescheduled Date

- September 6th - Rotary Raceway Park - Opening Ceremony: 11AM
 - Concert featuring Juno nominated artist Jah'Mila with an opening performance by Quake Matthews starting at 7:30PM. To purchase tickets, visit: discovermiddleton.ca or visit Town Hall.
 - Cultural displays, workshops, Highland Games, Food Trucks, Bouncy Castle, Laser Tag, Beergarden featuring Roofhound Brewing Company.
 - Stay updated on the full schedule on our Facebook page.

Heart of the Valley Century Ride

- August 9th - 25K, 50K, 100K and 160K bike rides available.
- To register, visit: raceroster.com and search, "Heart of the Valley Century Ride"

Heart Run

- August 10th - 5K, 10K and Half Marathon runs available.
- To register, visit: route541.com
- If you would like to volunteer at the event, email: mpal@town.middleton.ns.ca

Laser Tag

- August 5 - 6-8PM - Centennial Park

Family Fun Games

- August 12 - 5-7PM - Rotary Park

Karaoke and Open Mic Night

- August 18 - 6-8PM - Centennial Park - to register, email: events@discovermiddleton.ca

Middleton Ringer Roundup Horseshoe Competition

- August 21 - 6-8PM - Rotary Park - to register, email: events@discovermiddleton.ca

Paint Night

- August 7th - 6-8PM - Location TBD - to register, email: events@discovermiddleton.ca

Photography Challenge

- Submit nature photos taken at Riverside or Wetland Parks between July 15th and July 30th. Winner will be selected through online voting in August. Email, adventure@discovermiddleton.ca to submit your entry

THINGS TO DO:

Outdoor Walking

- Every Thursday from 9AM-10AM - Rotary Raceway Park
- Indoor walking will resume on October 2nd at CORAH

Zumba

- Thursdays at 6:30PM - Middleton Firehall

Core Connections

- Thursday evenings at 7:15PM - Middleton Firehall
- \$7 Drop-in fee or \$50 punch card

Free Kayak, Canoe and Bike Rentals

- 9am-3pm at Riverside Park - To book, email: adventure@discovermiddleton.ca

MORE EVENTS COMING - DATES TBD

- Learn 2 Run begins late summer/early fall
- Fit Loop Fitness Class - September/October
- Forest Bathing Sessions - August / September