



# THE BEAT



Sign up for our e-newsletter at [discovermiddleton.ca/subscribe](https://discovermiddleton.ca/subscribe)

## CAN YOU HELP?

**Inn From the Cold** Middleton is preparing to offer emergency overnight shelter again this winter starting mid-October or early November. The shelter is in search of several more dedicated and compassionate volunteers to assist in serving overnight to provide a safe, warm environment for our guests. **Inn From the Cold** provides a place for individuals affected by unforeseen emergencies, housing crises, and other situations helping them avoid some of the harshness the winter adds to the difficult circumstances they find themselves in. The support of volunteers is vital in ensuring that we can provide this service to those in need. Criminal Record and Vulnerable Sector checks for volunteers are required, training is provided and scheduling is flexible. Thank you for your consideration for this area to serve your community. Together we can make a difference. For more information please contact Jeff Milne at 902-825-8536 or [pastorjeff.nictaux@gmail.com](mailto:pastorjeff.nictaux@gmail.com)

## CANOES - KAYAKS - BIKES

Now available on a free loan basis most days. Reservations are required. Text or call: **(902) 825-8143** or Email: [adventure@discovermiddleton.ca](mailto:adventure@discovermiddleton.ca)

## Property Tax Exemptions

Property owners may be eligible for an exemption on their Town of Middleton taxes, and applications are due by July 31, 2024.

Additionally, property owners may be eligible for a Provincial exemption, and forms are usually available after the first of July. A detailed sheet is required to be filled out by the Town Office and included with the application, with a deadline of December 31.

The application form can be found here: <https://beta.novascotia.ca/apply-property-tax-rebate-property-tax-rebate-seniors>

## Sign-up for e-billing

To receive your property tax and/or water bill electronically, please email: [info@town.middleton.ns.ca](mailto:info@town.middleton.ns.ca)

## Need a Permit?

Whether you are renovating an existing building, building a new house or just putting up a baby barn, you need to obtain a permit before starting the job.

Permits are also required for repairs, alterations, additions, or demolition of existing buildings. Even if no construction occurs, a development permit is needed for a "change of use" such as a new business.

Give our planning and development department a call at 825-4841 (ext. 104) or [ea@town.middleton.ns.ca](mailto:ea@town.middleton.ns.ca).

## Recreation Happenings



### Birdwatch Bingo is back!

Join Middleton Recreation and play a fun interactive game of Birdwatch Bingo. We have created a fun selection of 16 of our local spring birds on a card for adults or keen youth and a version for our younger youth that has four birds on it. Once you have spotted all the birds and told us either where you found them on the bingo card or taken a photo of them, you can turn it back into the Recreation Department to have your name entered into a draw for a prize. The contest will run through the summer. You can find a printable version of the card on the Town of Middleton website under the recreation program tab, or you can come into the recreation department to pick one up. We also have binoculars you can borrow in our free equipment loans, if you would like to get a little more serious with the task. You can find the online link here:

[www.discovermiddleton.ca/recreation](http://www.discovermiddleton.ca/recreation)



**Washrooms at Centennial and Rotary Park are now open during the day.**

### Recreation Walking Challenge is still happening!



It is not too late to join the walking challenge; it is suitable for walkers of every level. We have the stamp cards at the Recreation Department, and it is walk at your own pace.

Each stamp is 10,000 steps, and a full card represents 100,000 steps. Once the card is full; you can turn it in at the Recreation Department and be entered into our weekly draw for a local \$10 gift card. The cards stay in the draw weekly so you will always have a chance to win.

### Free Equipment Loan Program

Our Free Equipment Loan Program is also available. We have some great items that you can borrow for free! They are generally a 1-3 day rental with a loan agreement, and are a great way for you to try new things to see if you like them or to keep the family busy on weekends when you have visitors or a birthday party. You can find a list of our equipment loans here.



[www.discovermiddleton.ca/recreation](http://www.discovermiddleton.ca/recreation)

We also have a limited selection of equipment at the library that can be accessed in the evenings and on weekends when the Recreation Department is not open.