



## 2012 Municipal & School Board Election Results

<b>Mayor</b>	Calvin F. Eddy	Acclaimed
<b>Councillors</b>	Darren A. Boates	Acclaimed
	Marc Britney	Acclaimed
	Melinda den Hann	Acclaimed
	John Himmelman	Acclaimed
	Dan Smith	Acclaimed
	Gail Smith	Acclaimed

### Annapolis Valley Regional School Board

District 1 ~ Victor Fleury	Acclaimed
African NS Member ~ Peter Cromwell	Acclaimed
CSAP ~ Helene Lavigne	Acclaimed

**Krista Toole**  
**Returning Officer**  
**Town of Middleton**  
**825-3188**

### Town Hall Staff

CAO	~ Clayton MacMurtry	825-3559
Director of Finance	~ Marianne Daine	825-2502
Billing Clerk	~ Crista Toole	825-3188
Payables Clerk	~ GERALYN ATTREE	825-4842
Planning Coordinator & Executive Assistant	~ Sharon McAuley	825-4843
Director of Public Works/ Building & Fire Inspector	~ Hank Sawchuk	825-2569
Director of Recreation & Community Services	~ Jenn Coolen	825-6611
Administrative Assistant of Recreation & Community Services & Public Works	~ Jodie Moase	825-6611
Municipal Physical Activity Leader	~ Brook Southcote	824-1069

The 2012 Heart of the Valley Festival organizing committee sends a

**“Heartfelt” Thank You** to all of the sponsors & community supporters that helped make this year’s Festival a great success. The weekend saw over 30 events with something for everyone. A fantastic fireworks show closed out the weekend. Planning has already begun for the 2013 Festival. Events like these rely on the support of the community and volunteers, if you are interested in getting involved in the planning or volunteer during the festival please contact the committee by email at festival@hotv.ca or call 825-6138.



### Middleton’s 2012– 2013 Youth Ambassador

First of all, I would like to introduce myself as the new youth ambassador of Middleton. My name is Laura Pye, I am seventeen years old and I have lived in Middleton for the majority of my life. I enjoy being highly involved in school; I take part in many committees and teams in school and volunteer regularly in the community.

This past summer I took part in the youth ambassador program for the town of Middleton. This amazing experience has already given me many great opportunities to grow as a person, it helped me with my leadership skills, public speaking skills and I have a better realization of the importance of volunteering because of the activities I did this summer. I also had the opportunity to meet so many great people who have been very helpful along the way.

As youth ambassador one of my duties is to develop a small project to benefit the town. For my project I will create a one page entry into the Town of Middleton’s newsletter. This paper will detail activities for the youth of Middleton to take part in such as sports games, concerts, and other events happening in Middleton and surrounding areas. My paper will also include write ups from teens, statistics about healthy living to motivate youth to live healthier lives by using the equipment and areas provided in town. This paper will be a way to involve the youth in Middleton in a positive manner, and increase the number of young people attending town activities.

To finish I would like to express my gratitude to the Town of Middleton and everyone involved to make this program successful. It has been my pleasure to take part in this program over the summer and I look forward to everything in the year to come. Thank you all.

### Laura Pye



# About Town

Fall 2012

Welcome once again to the Fall Edition of **About Town**. The “Heart of the Valley” has been very active and busy during the hot spring and summer seasons.

Our Recreation Department reports another increase in program registrations. Rotary Park continues to be an active facility, hosting various ongoing sporting events, as well as the Relay for Life, Heart of the Valley Festival, Walk for Autism, Century Ride, and the Terry Fox Run/Walk. The Park also serves the public as a facility for people getting out for their daily exercise.

This summer, the Town initiated a number of events in Centennial Park. “Tea and Tunes”, “Picnic in the Park”, “Friday Night Movies”, and the popular Rotary Club-sponsored “Serenade in the Park”, this year with Pete Luckett and the Annapolis Big Band. The “Fall Frolic” with a free BBQ and Hupman Brothers Concert is expected to draw a good crowd Sept. 23<sup>rd</sup> as well.

If not for our capable and dedicated Recreation personnel, Public works employees, Administrative staff, and volunteers, all of the above would not be possible.

We would like to thank the summer staff for their time and efforts while working for the Town and wish them well over the upcoming months.

The Town of Middleton, along with the Towns of Annapolis Royal and Bridgetown and the Nova Scotia Department of Health and Wellness, have jointly decided to continue with the “Active Living Program”. This Program had recently been discontinued as a service to the residents of Annapolis County and the three Towns. Brooke Southcote has been hired to administer the Program for the Towns, and her office is situated on the second floor of the Middleton Town Hall.

On behalf of Council, I would like to welcome the Town’s newest employee, Jodie Moase. Jodie has been hired as the Administrative Assistant for the Recreation Department.

Our Public Works and Recreation Departments are busy as usual, keeping the Town looking good, maintaining our facilities, and tending to those emergency water line breaks and sewer line problems when they occur unexpectedly.

At this time, Council would like to thank Hank Sawchuk for his time and service to the Town. For the past year, Hank has been our Public Works Director and Fire/Building Inspector. Hank has decided to retire and we wish him well as he embarks upon those retirement years.

Council’s budget was tabled in July. The residential and commercial tax rates were reduced for the first time in many years (\$1.78 and \$3.20 respectively). Capital projects planned for the current fiscal year include replacement of the Marshall Street bridge and the much-anticipated traffic lights at Main and Commercial Streets, which are to be functioning by mid-October.

I would like to congratulate Councillors Marc Britney, Darren Boates, Melinda denHaan, Dan Smith, and Gail Smith on being returned to office by acclamation on September 11<sup>th</sup>. I was also returned as Mayor by acclamation.

A heartfelt thanks and best wishes go out to Deputy Mayor Vera Errington, who did not re-offer. Vera has served on Council for the past twelve years and has been Deputy Mayor for the last ten.

Congratulations and welcome to Middleton’s newest Councillor, John Himmelman. Mr. Himmelman will serve on Council for the next four years. John was also acclaimed, and therefore, Middleton residents will not be going to the polls on October 20<sup>th</sup> for Municipal elections.

The new Council will be sworn in November 5<sup>th</sup> at 7:00 p.m. The public is welcome to attend, as is the case with all Council and Committee of the Whole sessions.

Calvin Eddy  
 Mayor, Town of Middleton

**MARK THESE DATES**

- **Middleton & Area Fireflies Soup Luncheon** Sept. 25th  
Lunch is served from 11 to 1 at the Middleton Fire Hall. Deliveries are available in Middleton, please call 825-3062 to make arrangements by Sept. 24th. Corn chowder or turkey vegetable soup or salad plate & apple crisp for dessert.
- **Annapolis Valley Historical Society meeting at Macdonald Museum** Sept. 25th  
At 7:00 guest speaker Marc Deveault will speak about his work as a trauma simulator and movie special effects artist. Free admission. Call 825-6116 for more info.
- **Authors Ink Creative Writing Group meeting at Macdonald Museum** Sept. 26th, Nov. 7th & Nov. 21st  
Cost is \$3.00 and all are welcome to attend from 10am to 12pm.
- **Sports Heritage Wall of Fame Induction Ceremony at Macdonald Museum** Sept. 29th  
Join in the celebrations at 7:30pm and acknowledge contributions made by local athletes.
- **20th Annual Christmas Dreams Craft Show** Sept. 29th & 30th  
Maritime crafters and artisans gather at the Middleton & District Arena for a weekend craft show. Doors are open from 10am to 4pm with a \$3.00 admission. Contact Len at 678-6753 for more info.
- **Funds for Fuel bridge party at the Macdonald Museum** Oct. 1st, 15th & 29th  
Come out for a fun afternoon of bridge at 1:00pm. Enjoy a light lunch and support our community museum with a \$4.00 a donation.
- **Nictaux Fire-Ettes Annual Ticket Auction** Oct. 4th  
Doors of the Nictaux & district Fire Hall will open at 12 noon and draws begin at 7pm. There will be tons of items, many donated by local businesses. Contact 825-2264 for more info.
- **Annapolis Valley Historical Society Meeting** Oct. 23rd  
Guest speaker Dr. Maurice Tugwell will speak on his adventure aboard the SS Concordia. All welcome to attend this free event at the Macdonald Museum. Begins at 7pm.
- **SMH Auxiliary Annual Girls Night Out** Oct. 25th  
An evening of fun with finger food, beverages, manicures, one-minute massages and music from 6:30pm to 9:00pm at the Falcourt Inn. Contact Elizabeth Spinney at 825-6841 for more information.
- **Middleton's 2nd Annual Halloween Costume Contest** Oct. 31st  
Employees of local businesses dress to impress in this popular event.
- **8th Annual Christmas Fantasy Craft Sale** Nov. 18th  
Visit the Nictaux & District Fire Hall between 10am and 3pm to see all the wonderful items and find that special gift... or treat yourself. For more info call Holly Stillwell at 765-3927 or email hdstillwell@hotmail.com.
- **Christmas Craft Sale** Nov. 23rd & 24th  
Lots of great crafters and gift items will present their wares at the Macdonald Museum. Friday 5pm until 9pm and Saturday 10am until 4pm.
- **Annapolis Valley Historical Society Meeting** Nov. 27th  
The society will be presenting a Christmas program at the Macdonald Museum at 7:30pm. All are welcome to this free event!
- **Middleton's Annual Tree Lighting** Nov. 30th  
An evening of fun beginning at 6:30 at Centennial Park. Musical entertainment will lead revelers in caroling as the trees light up for the Christmas season. Warm up & finish out the evening with complimentary hot chocolate.
- **Moonlight Madness** Nov. 30th  
Local businesses kick off the coming holiday by staying open until 9pm, offering seasonal sales.

**IN & AROUND MIDDLETON**

- Parent Time**  
A weekly parent education and support program held at the United Church in Middleton every Thursday morning. Call 584-2210 for more info. Curious Kids takes place at the same time and drop-ins are welcome.
- Post Partum Depression Support Group**  
Co-facilitated by Public Health and Mental Health, in support of women suffering or at risk. Monday mornings beginning October 1st. Call 584-2210 for info.

**Defiant Child Workshop**  
Facilitated by Frankie Bent from Mental Health & Addiction Services. For parents of children aged 3 to 12 years. Covers a range of topics including: why children misbehave, positive attention, getting your child to be more cooperative and independent while playing, effective discipline strategies, and managing behaviors at school and in public. Wednesday evenings from 6:30 to 8:30. Contact Frankie at 825-6160, ext 472.

**TOWN NEWS**

Macdonald Museum Winter Hours begin October 1st and the Museum will close for the season on December 14th. Doors open daily 10:30 to 4:30 Monday to Friday. Museum Library open from 1:00 to 4:00 on Tuesdays and Thursdays.



Permanent exhibits include: the Nova Scotia Museum's Antique Clock and Watch Collection, a rusty nail exhibit, a recreated classroom and general store, and the natural history exhibit.

Special exhibits: Valley of the Dolls until Sept 30th and Horsing Around until October 31st.

**Middleton Fire Department News**



**Fire Prevention Week**  
October 7th -October 13th

Safety recommendations:

- Be aware of your surroundings.
- Make a home escape plan with your family that shows two ways out of every room.
- Select a safe meeting place outside your home so you can easily find each other.
- Practice fire safety everyday!

**Middleton Fire Department 100 Club**

The 4th Annual 100 Club starts Oct. 11th and runs every 2nd Thursday of the month at the Capitol Pub. Tickets are \$20 and there are draws held through the evening for cash prizes. A good reason to go out and support a good cause with proceeds from this fundraiser go toward the new Community Centre/ Fire Hall. For details call 2nd Deputy Fire Chief Scott Veinot at 824-0912.

**Drop by the Middleton Fire Department on Wednesday evenings to ask questions, get a tour or discuss volunteering.**

**Through November, the Mobile Burn Unit will be at the Macdonald Museum. Keep an eye out to see fire fighters practicing with live fire and improving their skills!**

**The Town would like to remind residents :**



- With the installations of traffic lights at the intersection of Commercial and Main Streets, pedestrians will have to cross the street using the walk indication lights.
- All crosswalks require that pedestrian stop and look both ways prior to proceeding,
- There have been three-way stop signs installed at the intersections of:



George St. & King St.  
Connaught Ave. & Park St.  
Connaught Ave. & Maple Ave.



**Fall clean up is October 12th.**

Please don't put items out until October 5th.

And a friendly reminder to remove your green bin and any bags left behind by end of collection day to prevent traffic hazards, and animals. Keep our town looking good!

**Know the Risks. Make a Plan. Get a Kit.**  
Hurricane season is here until Dec. 1st.

Are you prepared? The Town office has useful information for you or you can go to [www.GetPrepared.ca](http://www.GetPrepared.ca) to download brochures. Remember, no matter what the season, preparedness begins with YOU!



**IN & AROUND MIDDLETON**

**4-H Club**

One of Canada's longest running youth organizations for young people between the ages of 8 and 21. There are 5 different clubs within 10 minutes of Middleton offering a varied mix of life skill and livestock projects.

- The Melvern Square Lucky Stars 4-H Club meets on the third Monday of each month at 7:00pm and you can contact Leader Krystal Brown at 765-2433 or email jkbrown@eastlink.ca for more info.

**Girl Power**

Once a month, girls between the ages of 10 and 14 are invited to a couple of hours of GIRLPOWER fun. Play games, do crafts, and just hang out.

**Time:** Thursdays ~6:30 to 8:30pm

(Beginning Sept. 27)

**Location:** Rosa M. Harvey Middleton & Area Library

**Middleton Curling Club**

Club Opening on Saturday October 27th! Big Breakfast will run from 8:00 to 10:00am and the curling ice will be open at 9 for anyone who would like to warm up for the season or anyone who wants to try for the first time... all are invited to drop in and "test-drive", with an experienced club member.

Contact Karen Sotvedt, Club Secretary at 765-6977 for more info.

**Canskate ~ Middleton Skating Club**

Children ages 3 and up are welcome and space is limited. Registration is from 6-8pm on Thurs, Sept. 20 & Fri, Sept. 21, at Town Hall.

For more info, contact: middletonskatingclub@hotmail.com

**Time:** Fridays~5:45 to 6:45pm

(Beginning Oct. 19)

**Location:** Middleton Rink

*\$140 Oct. 19 till March*

**Middleton & District Minor Hockey**

If there is anyone who missed the registration for Minor Hockey, you can contact Maryanne Wagstaff at 825-6977 or email m.wagstaff@hotmail.com. For more info, visit www.middletonminorhockey.ca.

**Taekwondo**

Master Durling is a certified 5th degree Black Belt and offers classes at Ecole Rose Des Vent on Monday, Wednesday and Sunday evenings. Call 825-3489 or 825-9023 for more info.

**Taoist Tai Chi**

Sharon Campbell offers classes twice a week. Call 825-6151 for more info.

**Wilmot Garden Club**

Supporting and promoting the hobby of gardening, this little club sure does its part to make the Valley a pretty place to be. Meeting are the 3rd Wednesday of every month at the Melvern Square Community Center. New members are always welcome and the annual dues are \$7. Great website to check out!

<http://www.wilmotgardenclub.net/index.htm>

**Seniors Line Dancing**

15 years and counting, this rowdy bunch has a ton of fun meeting on Wednesday mornings at 10:00am in the Middleton Fire Hall. Begins Oct. 10th. Drop in fee is \$2.

Contact Pat Labor at 765-2247 for more info.

**Western Valley Wings Football**

Try-outs are being held through the month of September for Bantam, Atom and PeeWee players. Prices range from \$150 to \$200 depending on skill level and age. Necessary gear is supplied. For more info contact Mike Upward at 825-6500 or email: mikeupward43@hotmail.com

**Scouts & Beavers**

Children from ages 5 through 14 have fun discovering the best in themselves and the best in others, and experiencing adventures that are remembered for a lifetime.

**Wilmot Scouting** meets every Tuesday at the KIN Centre in Wilmot. Contact Eric Spidle at 765-8237 or email eric.spidle@ns.sympatico.ca for more info.

**Middleton Scouting** meets at the Scouting Center in the basement of the Legion. Cubs meet Tues. evenings from 6:30-8, Beavers on Wed evenings from 6-7, and Scouts from 6:30-8:30. **New members are welcome.** Contact Candy Hirtle at 825-6937 or email: candyhirtel@eastlink.ca

**Sparks~Brownies~Guides~Pathfinders~Rangers**

An organization for girls from ages 5 to 17. Provides experiences & adventures that enable girls to be confident, resourceful and courageous, and to make a difference in the world.

**Middleton Guiding** meets every Monday evening from 6 to 7:30 at the Emanuel Church.

**New members are welcome.**

Contact Diane at 765-4191 for more info.

**Rainbow Riders Gymnastic Club**

Children from 18 months up to teens are welcome to join this club. For more information call Carol Mcgean at 847-1733.

**MIDDLETON'S RECREATION PROGRAMS**

**Senior's Fitness**

Join certified instructor, Katie Bent for some fun and effective strength training, stretching, balance work, and cardio workouts.

**Time:** Monday and Friday

Advanced class—9:30am-10:30am

Lighter class—10:45am-11:45am

**Location:** Middleton Fire Hall

**Cost:** \$50

**Dates:** September 10th—December 14th (14 weeks)

**Adult Circuit Class**

Test your limits, feel the burn, and let certified fitness instructor, Barb Nicholls design creative stations to help you loss fat and tone muscle.

**Ages:** 16+

**Time:** Mondays and Wednesdays, 6pm-7pm

**Location:** Annapolis East Elementary School

**Cost:** \$40

**Dates:** September 26th—December 12th (12 weeks)

**Adult Stability Ball**

Grab your stability ball and come join certified instructor Barb Nicholls for a great workout geared at stretching and toning your muscles.

**Ages:** 16+

**Time:** Tuesdays and Thursdays, 6pm-7pm

**Location:** Annapolis East Elementary School

**Cost:** \$40

**Dates:** September 25th—December 13th (12 weeks)

**Archery**

Instructor, Neil Freeman will teach extensive safety skills and the fundamentals of the equipment, as well as range rules and safety guidelines.

**Ages:** Grades 8 and up

**Time:** Thursdays 7pm-8pm

**Cost:** \$20

**Location:** Annapolis East Elementary School

**Ages:** 18+

**Time:** Fridays, 6:30pm-8:30pm

**Cost:** \$40

**Location:** Annapolis East Elementary School

\*\*There is also Archery Club target practice at Annapolis East Elementary School on Thursdays from 8pm-9pm

**Music & Movement**

This program is designed to teach gross motor skills, flexibility, musicality and coordination, and creative movement through the fun of music, singing and games.

Ages: 3 and 4

**Time:** Saturdays, 9am-9:45am

**Location:** Middleton Baptist Church, Family Life Center

**Cost:** \$25

**Dates:** Starting October 6th, running for 6 weeks

**Instructor:** Jennifer Smith

**Beginner Ballet Classes**

Beginner Ballet is intended for children who have never taken dance classes before, or has limited experience with dance. This class will introduce ballet and basic steps.

**Ages:** 5-7

**Time:** Saturdays, 10am-11am

**Location:** Middleton Baptist Church, Family Life Center

**Cost:** \$25

**Dates:** Starting October 6th, running for 6 weeks

**Instructor:** Jennifer Smith

**Ballet**

We are adding an additional ballet class this year. This class will be similar to the beginner ballet, but will be a little bit more advanced for those that have taken dance before and are comfortable with the beginner lessons.

**Ages:** 5-7

**Time:** Saturdays, 11am-12pm

**Location:** Middleton Baptist Church, Family Life Center

**Cost:** \$25

**Dates:** Starting October 6th, running for 6 weeks

**Instructor:** Jennifer Smith

**Ages:** 8+

**Time:** Saturdays, 12pm—1pm, Tuesdays 4pm-5pm

**Location:** Middleton Baptist Church, Family Life Center

**Cost:** \$35

**Dates:** Starting October 6th, running for 6 weeks

**Instructor:** Jennifer Smith