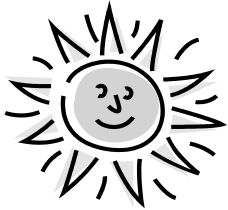


2011 Summer Recreation Programs in Middleton



REGISTRATION DATES:

Thursday, June 16 from 6-8 pm

Friday, June 17 from 9-4 pm

Middleton Town Hall, 131 Commercial St.

Swimming Lessons:

Session I - Thurs, June 23 & Friday, June 24 from 2-8 pm
Middleton Swimming Pool, Gates Avenue

Get the scoop...825-6611

Email: recoffice@town.middleton.ns.ca

Or visit www.town.middleton.ns.ca



June 12-19, 2011

Get out on your bicycles to Celebrate and Promote Cycling as the Active Choice!

Ride your Bicycle to School and Be Cool in Middleton!

Students at Annapolis East Elementary School and Middleton Regional High School are invited to **"Ride your Bicycle to School Day"** in Middleton, on **Friday June 17**. Participants who

ride their bicycles to school, simply tell their home room teachers and they will be entered for a prize draw!

As a part of Bicycle Annapolis County Week this year we want to see how artistic our little cycling buddies are!

Draw, colour or sketch your best bicycle experience (having fun, learning something new). Please use a 8.5" by 11" piece of paper. Pictures can be mailed or dropped off at the Middleton Recreation Office, 131 Commercial Street, Middleton, NS B0S 1P0 (Town Hall) no later than **June 22, 2011**. Be sure to include your name, age and where you live. This free contest is open to children ages 5-12 years. A random draw will take place from all the entries and the winner will receive an awesome prize.



Summer Day Camps (ages 5-10)

\$60/week

Our enthusiastic summer recreation staff have planned a great line up of fun days & field trips that will keep children entertained and active this summer! There are 7 weeks of camps this summer that run Monday to Friday, 9:00am until 4:00pm. **The fee for each week of camp is \$60/child.** A description of all weekly events will be given to parents at the beginning of each week of camp.

Wild n' Wacky Summer Fun! - July 4th - July 8th

Come out and enjoy the beginning of summer with the crew at Middleton Summer Day Camps! We have some exciting events this week, including **slip-and-slides**, a **picnic at Riverside Park**, **water fights** and many more activities that will be sure to keep the house rockin'! We'll end this week with a bang on our trip to **Oaklawn Farm Zoo** and **Aylesford Lake**!

Space Jam Activity Week! - July 11th - July 15th

This week will be out of this world with some awesome sports and activities lined up! Anything you can imagine, from **Taekwondo** to **boxing** to **kin-ball** to an exciting **raceday**! The focus will be on the value of teamwork and sportsmanship to provide campers with a memorable week of activities! We'll also make the trip to L.M.K. Lanes for a fun afternoon of **bowling**!

The Great Outdoor Adventure! - July 18th - July 22nd

Let's venture into the wilderness for some great times outside! Campers will learn about **wilderness safety** and **survival** and experience nature like *never before*! We'll take part in many exciting outdoor activities all week and prepare ourselves for our end of the week trip to **Delaps Cove Wilderness Trail**!

The Wonderful World of Crafting! - July 25th - July 29th

What's that you say? You love **drawing**, **making music**, **cartooning**, **crafting**, **acting**, **taking pictures** and doing other exciting artistic things too?? We'll be sure to have a great week getting in touch with our artistic side with some great guest presenters and speakers coming in to help us do some awesome and exciting projects!

Buzzing about Community Excitement Week! - August 2nd - August 5th

This week we're going to take advantage of all of the great resources in our beautiful community! We'll take a **tour of the Fire Hall** and check out the **fire trucks** as well as take part in a presentation from our local **RCMP**! We'll also explore community safety and learn how to become effective members of the community! **A garden project** will let the campers spice up the community and see their wonderful contribution!

Discovery Fun & Games Week! - August 8th - August 12th

This week will be all about trying out new activities and taking part in some mid-summer excitement! We'll do some **swimming** and **BBQ** and also visit some very **interesting museums** and **sites**! Not to mention, a trip to **Yogi Bear's Camp Ground** in Kingston will be sure to provide a fun filled day for all campers!

Celebrate Cycling in Middleton! - August 15th - 19th

Come to and join us for an awesome **week of biking**! Campers will learn about bike **safety**, **training** and the joy of bicycling! We'll have some great summer fun biking around the town and parks and develop confidence for young cyclists! If you **love biking** and want to have an awesome week, don't miss out on this opportunity!

2011 Summer Skateboarding Camp - \$35.00

July 11-14, 2011

For boys and girls aged 9-14 years old. We use the Skate Pass system to teach beginner and intermediate skateboarding skills in a safe, controlled environment. We also go swimming and play games! On the last day of the camp, we will take a bus from the camp location to the Annapolis Youth Park to apply our new skills. All equipment is provided: helmets, skateboards and protective equipment. Bring your own lunch, snacks, water bottle and swimsuits. The skateboarding camp takes place at Rotary Park from 10am-4pm daily.



Summer Dance Class (ages 6-10)

A one week intensive dance camp incorporating a ballet technique class, conditioning and stretching, dance history as well as rehearsal time for a performance.



Class is open for students ages 6-10 years of age or those children age 5 who have had one year of dance training.

Date: July 11 - 15, 2011

Time: 9:00 am - 12:00noon

Location: Middleton Baptist Church, Family Life Center

Price: \$50

No special equipment is needed, just wear either a body suit or t-shirt with shorts (preferably bike/yoga shorts).



Cycling



Dance



Paddling



Skateboarding



Hiking & Walking



Equestrian

Heart of the Valley Magic Mile

The Heart of The Valley Festival and the Town of Middleton presents the **Magic Mile Fun Run!** This event is a one-mile long race (2x around the Rotary track) that is accustomed for all ages!



There will be an Under 14 Youth Male & Female heat, Ages 14-18 Male & Female and Open Male and Female heats.

The event starts at 8:00am, with registration beginning at 7:30am, so be sure to get up early to support healthy living in Middleton.

There are some great prizes available for all ages! Early registration is \$5 and forms are available for pick up at the Recreation Office in Town Hall. Registration fee on race day will be \$10.

Boys Summer Basketball (ages 12-14)

Boys interested in developing skills for competitive play.

Date: Wednesdays, beginning July 6, 2011

Time: 9:30 - 11:00 am

Place: Rotary Park Basketball Courts

Contact: Paul Shaffner, 825-6697

Middleton & District Swimming Pool

825-6600

Fun Day at the Pool - Let's Celebrate Canada Day!

Friday, July 1 from 1:00 - 4:00 pm

Free Swim! Bring the whole family for an afternoon of water fun & games!

Hot Dog Barbecue & Pop - \$2.00



Swimming Lessons:

Session I - June 27 - July 8
Session II - July 11 - 22
Session III - July 25 - August 5
Session IV - August 8 - 19

Lesson Fees:

Two Weeks: \$40
Second Child: \$30
Additional Child: \$20

Pool Passes:

\$40 Single/month
\$70 Single/season
\$80 Family/month
\$140 Family/season

Public Swim: \$2.50/daily

Pool Rental: \$50/hour

Middleton Missiles Swim Team:

contact Eric Balser, fritspats@hotmail.com

Registration for the first session of swimming lessons will be held on **Thursday, June 23 and Friday, June 24 from 2-8 p.m. at the Middleton Pool.** Registration for all other sessions will be held on the Friday prior to the session. A \$5.00 late fee will be charged for registrations after the Friday.

Summer Programs & Events in Annapolis County

ONGOING Sunday afternoons SUMMER PICKUP FLOOR HOCKEY

Middleton Arena (indoors) - \$5.00 per day/per player

IP (born 2005-2004) & Novice (2003-2002) 2:00-2:55pm; Atom (2001-2000) & PeeWee (1998-1999) 3:00-3:55pm.

Must have helmet with mask, gloves and stick. Elbow & knee pads are recommended. Games are supervised but play is at your own risk. All players under age 8 must have an adult present at all times. Info: Andrew, 825-0557 or Maryanne, 825-6977.

JULY 1 1-3 pm CELEBRATE CANADA DAY

Macdonald Museum, 21 School Street, Middleton

Come out and celebrate Canada's Birthday Day at the Museum and enjoy entertainment by Ernie Marshall and Friends. There will be free birthday cake and lemonade. Kids activities. Free museum admission.

JULY 9th 1-5pm 16th ANNUAL RAVEN HAVEN FAMILY FUN DAY

Raven Haven Beachside Family Park, 2239 Virginia Road, West Springhill (Sandy Bottom Lake)

Carnival games, Kids Bouncer, competitions and contests, BBQ, music by SWIG and entertainment for all ages. Information: 532-2334; rec@annapoliscountry.ns.ca

JULY 14-17 HEART OF THE VALLEY FESTIVAL

The 2011 Heart of the Valley Festival organizing committee has a great line up of events to celebrate the 26th year of the festival. This year will feature a great mix of old favourites and new exciting events, making it one to remember. A full schedule of events is listed at www.town.middleton.ns.ca

JULY 18-22 TENT DWELLERS CANOE ADVENTURE FOR TEENS

Milford Lakes

Join us for the trip of a lifetime as we retrace part of this historic route. You will paddle, swim, camp out overnight, and cook delicious meals on this self sufficient canoe expedition (that means we bring everything we need with us). Join a friend or meet new ones you'll never forget! Open to young men & women age 13 to 17. Cost is \$100. Information & registration, contact André at 532-0286 or activeliving@annapoliscountry.ns.ca

JULY 30 32nd ANNUAL FUN RUN

Pre-registration begins July 4th

752 St George Street, Annapolis Royal Run day registration: 8:30am to 9:15am, Run begins: 9:30am;

4km fun run in historic Annapolis Royal. Prizes awarded to runners of all ages. With over 150 participants, pre-registration is strongly recommended. Registration forms can be downloaded starting in July at www.annapoliscountry.ns.ca, click on the recreation link.

AUGUST 1-5 PANDAMANIA Vacation Bible School

Middleton Baptist Church. This AWESOME day camp will run each morning 9:30-12noon. Free for children age 3-Grade 5. For more information & to pre-register please phone Holly @ 825-3537. Online registration is available at www.groupvbsspro.com/vbs/ez/middletonbaptistvbs

AUGUST 1-5 ages 12 & Under WESTERN VALLEY WINGS MINOR FOOTBALL SUMMER CAMP

AUGUST 8-12 ages 14 & Under

From 10am to 1pm daily at Rotary Park. All football gear is provided. Call or email to reserve your spot as space is limited to 20 players each week. Cost: \$125.00 (with \$25 going towards registration for the fall program). Contact coach Mike Upward, 825-6500 or mikeupward43@hotmail.com.

AUGUST 15 9:00am Start time HEART OF THE VALLEY CENTURY RIDE

Rotary Raceway Park

Come out and ride the picturesque rolling hills of the Annapolis Valley; wonderful views, fun terrain and terrific people. A ride for all levels & experience: 1/4 Century - 25km ♦ 1/2 Century - 50km ♦ Metric Century - 100 km ♦ Full Century - 160 km. Check out www.discovermiddleton.ca for maps of the Century Ride routes as well as online registration.

