

THE HEART OF THE VALLEY FESTIVAL'S



2ND ANNUAL BEDRACES

Saturday, July 19TH at 11am

Registration BEGINS AT 10:30

This is a BYOB Event! (Bring your own bed)

We invite you to join us in a

**HIGH SPEED CHASE
DOWN COMMERCIAL STREET**

CALL FOR MORE INFO

MIDDLETON REC. OFFICE (825-6611)



THE HEART OF THE VALLEY FESTIVAL

2ND ANNUAL BEDRACE.

THE RULES ~ bed design ~

\$25 REGISTRATION/TEAM

- Bed must measure min. 6 feet and max 8 feet in length
min. 3 feet and max 6 feet in width
(You can use an existing bed frame, modify a bed, or build one from scratch)
- Bed must have four functional wheels and be designed so that all four wheels contact the ground at all times. (sizes, maneuverability, etc. is up to you)
- Bed must be constructed to allow all four pushers to see the "race course" when pushing.
- A mattress is not required, but some form of covering is required so the rider can't fall through.
- Handles that protrude past frame are not permitted for safety reasons.
- No bed may have motorized or mechanical means of motion. Propulsion and brakes are those provided by the runners.

~Beds will be inspected prior to racing for safety issues~

~ racing teams ~

- A team consists of one rider (stays on the bed) and four runners/ pushers.
- All participants will play with good sportsmanship in mind.
- All team members will sign a registration/ waiver of liability prior to racing.

~ race rules ~

- Runners must be in control of their beds until it comes to a complete stop.
- Rider must sit or lay flat on the bed when competing.
- Race will be run in number of heats with top racing teams competing in final.
- Race is won when a bed and all team members cross the finish line first.
- Judges reserve the right to disqualify any team for conduct unbecoming or breach of rules.
- Runners will wear suitable footwear to compete.

~ prizes will be awarded for the following ~

- Best decorated bed/ costumed race team
- Fast racing team

**Racing teams are encouraged to dress-up and decorate their beds.
And all are invited to join in the end of the Parade!**

**Registration form: recoffice@town.middleton.ns.ca
Or print from www.hotv.ca**